

## WELLNESS

The Board of Education is committed to providing a school environment that enhances the learning and development of lifelong wellness practices. Therefore, as part of an ongoing effort to create a healthful school environment and to ensure that all school-based activities are consistent with this policy, the following principles have been established:

- The Food & Nutrition Services program complies with federal, state and local requirements and is accessible to all children.
- Sequential and interdisciplinary nutrition education is provided and promoted.
- Foods and beverages sold on campus during the school day (including cafeteria meals, vending machines, concessions, a la carte, and student stores) include a variety of healthy choices and adhere to food safety and sanitary guidelines.
- Physical Education classes shall incorporate the appropriate NYS Learning Standards.
- Patterns of meaningful physical activity, promote, teach, and provide opportunities to practice activities that students enjoy and can pursue throughout their lives.
- District guidelines for the frequency and content of classroom and school-wide celebrations will be developed by administration and implemented at the building level.
- The school environment is safe, comfortable, pleasing, and allows ample time and space for eating meals and conducting physical activity. Guidance regarding Individual Health Care Plans for students identified as having the potential for food-induced anaphylaxis can be found in *Policy 5420.3 Food Induced Anaphylaxis*.

This policy shall be monitored, in accordance with “Recommendations and Guidelines for Implementing the School Wellness Policy”, to ensure schools are meeting the requirements of current Federal and State law.

***Great Neck Public Schools***

***Adopted: 5/08/06***

***Amended: 4/12/11; 7/7/15***